



Peachtree City Little League

Safety Manual 2025

League ID: 310-04-01 (National)

This Safety Plan has been reviewed and approved by The Peachtree City Little League Board of Directors, and Linda North, Little League District #4 Administrator

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Welcome to PTCLL and thank you for your volunteer service to the children of our League and the Peachtree City Community

This PTCLL Safety Manual will be distributed to all league managers, board members and other essential personnel

Important Telephone Numbers

Emergency Numbers

Peachtree City Police – Emergency	9-1-1
Peachtree City Police - Non – Emergency	770-487-8866
Peachtree City Fire Department – Emergency	9-1-1

Board of Directors

President	Travis Schug	404-510-9581
VP Baseball Operations	Gordy Wigdahl	651-335-3085
Secretary/Registrar	Matt Moyer	678-772-7021
League Treasurer	Scott Burfitt	404-431-9818
League Safety Officer	Matt Miller	908-303-2663
League Scheduler	Brian Feldman	972-742-9637
Game Changer Support	Scott Burfitt	404-431-9818
Player Agent & Drafts	Scott Rehn	404-964-7101
Rookie TBall	John Masson	706-338-3067
Seniors	Chris Marsh	706-372-3618
Facebook & social media	Kenzie Haas	720-453-0259
Sponsorship/Branding	Paul Hunt	770-329-8997
Sponsorship/Branding	Joe Laganke	404-964-8339
Special Events	Justin Burley	404-557-5151
Uniforms	Kenzie Haas	720-453-0259
Chief Umpire	Brad Willis	678-468-5540
Challenger Program Director	Matt Miller	908-303-2663
Fields-Upper Pinwheel	John Masson	706-338-3067
Manager Liaison	Guillermo Alarcon	404-985-3209
Human Resources Director	Jason Harvey	336-682-4034
Equipment	Kevin Kranz	423-227-4761
All-Star Program	Brittany Rainwater	678-859-7965

* Refer to ptcll.org for updated Board information

Other Numbers

Southern Region Little League
Linda North – District Admin.
PTC Recreation Department

478-987-7227
404-394-1690
770-631-2542

Mission Statement

To create awareness of the opportunities to provide a safer environment for children and all participants of PTCLL baseball

Volunteer Requirements

The safety of the children under our supervision is of the utmost importance to every player's parents, the Board of Directors of PTCLL, the City of Peachtree City, and of Little League Williamsport. The league will conduct a facility survey and submit to Little League annually along with the safety plan registration form.

To become an approved Little League Volunteer, you are required to submit your personal information to allow a League Safety Officer (or the League President) or complete the JDP QuickApp process to perform a complete background check.

All local Little Leagues are required to conduct background checks on Managers, Coaches, members of the Board of Directors and any other persons, volunteers or hired workers, who provide regular service to the league and/or have repetitive access to, or contact with, players or teams.

All managers and coaches are required to complete the Diamond Leader training course which only has to be completed 1 time in their career.

[Diamond Leader Training Program - Little League](#)

In addition, Beginning in 2024 all volunteer applicants will be required to complete Abuse Awareness Training for Adults. In 2018, the "Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017" became Federal Law. This ANNUAL training will be required for all volunteer applicants.

<http://www.littleleague.org/university/articles/abuse-awareness-training-course/>

This course is free through Little League and provides a certificate of completion that you will share with the Safety Officer (Gwigs21@yahoo.com)

NO manager, coach, or board member may permit ANY adult onto the playing field or in the dugout who has not completed the mandatory background check process

- Each applicant will be checked against the National Sex Offender Registry. No person listed on the National Sex Offender Registry will be approved for service to PTCLL.
- The PTCLL Board of Directors has established limits for other specific criminal convictions which will also disqualify some individuals from service to the league. A criminal records check will be conducted through **J.D. Palatine** on all applicants.
- Managers and coaches may NOT begin practices until the background checks have been completed and approved. Anyone interested in being a Manager, Coach, Team Coordinator, league official or volunteer in any capacity, must complete the Background Check Application and return it with a copy of a government issued photo ID.

Once the mandatory background check process has been completed, the President of the league will submit your name to the Board of Directors for final approval as a PTCLL volunteer

It will become your responsibility to assure that no unauthorized adults are permitted to be a part of the team's baseball activities

To be eligible for a background check, applicants must:

1. Complete and sign the Little League volunteer application through the Sports Connect (BlueSombrero) registration website
2. Upload a legible copy of government issued photo identification
3. Upon successful registration on website, the safety officer will send a link to complete the background check. The background check process is not complete until the applicant completes all required steps and submits the application.
4. The Safety Officer will review the results, and notify the applicant if they are NOT approved to volunteer.

The Board of Directors will determine annually the acceptable lapse of time following a misdemeanor, felony, etc.

The PTCLL President will maintain the volunteer applications and background check status for the duration of the calendar year in accordance with Little League policy (OCT 1 is calendar reset for background check).

If volunteers have questions regarding the background check process, they should contact a PTCLL Safety Officer or the League President

MANDATORY Manager/Coach Training

All volunteers including board members, coaches, assistants and team moms are required to complete the following free online courses:

- SafeSport Abuse Awareness Training located here: <https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/>
- CDC Heads Up for Youth Sports Concussion Training course located here: <https://www.cdc.gov/headsup/youthsports/training/index.html>
- CoachSafely Training, Links to CoachSafely will be provided by the coaching coordinator.

PTCLL goes to great lengths to provide as much training as possible. At least one coach or manager from each team must attend a first aid session and a baseball fundamentals training session.

All Managers will be notified via e-mail of the place and time of all training

Mandatory safety and injury prevention training for coaches will be held at various times before and during the season. Check the PTCLL website for additional details.

First Aid, Safety Training and AED use will be conducted by the Peachtree City Fire Department and certified trainers of The American Heart Association or The American Red Cross

PTCLL Safety Code

The Board of Directors of PTCLL has mandated the following Safety Code. All managers and coaches will read this Safety Code and then read it to the players on their teams.

- Responsibility for safety procedures belongs to every adult member of Peachtree City Little League. Use proper reasoning to prevent injuries.
- Managers and coaches will have mandatory training in First Aid annually
- First-Aid kits are located in every equipment room and will be available at all practice and game
- No games or practices will be held when weather is inclement or field conditions are unplayable, particularly when lighting is inadequate
- Play area must be inspected before games and practices for holes, damage, stones, glass or other foreign objects by the umpires, the home manager and the visiting manager

- Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager or coaches
- During practice and games, all players should be alert and watching each pitch
- During warm-up drills, players should be spaced so that no one is endangered by wild throws, missed catches, or swinging bats
- To protect against injury, all players must be properly warmed up prior to play
- Equipment must be inspected regularly for the condition and proper fit. Defective equipment will be destroyed and made unusable.
- Batters must wear Little League approved protective helmets during batting practice and games (including batting cages). Face guards on batting helmets are encouraged.
- At no time should "horse play" be permitted on the playing field
- Managers must recommend that all male players wear athletic cups during games and practices. Catchers are required to wear a cup at all times.
- All catchers must wear a chest protector, throat guard, shin guards and a catcher's helmet during practice, pitcher warm-up and games. Catchers must wear a catcher's mitt (except for Jr. Minors and T-Ball.)
- Shoes with metal spikes or cleats are only permitted in the Intermediate, Junior & Senior divisions
- No glass permitted in dugout or on the field
- Parents of players who wear glasses should be encouraged to provide "safety glasses"
- Team parents will act as safety representatives for their teams and will receive an electronic copy of the current safety manual
- Managers will never leave an unattended child at a practice or game
- Report all safety hazards to a PTCLL Safety Officer or the League President immediately
- No alcohol or drugs allowed on the premises at any time
- Possession and/or use of firearms on the playing field, benches, or dugouts is prohibited.
- No medication will be taken at the facility unless administered directly by the child's parent. This includes aspirin and Tylenol.
- Managers MUST have a completed Medical History form for each player on their team, these forms must be on-site at each practice and game
- Players and spectators should be alert at all times for foul balls and errant throws
- Use of disengage-able bases is mandatory
- Reduced impact balls are provided for our younger players
- Managers and coaches are not permitted to catch pitchers (Rule 3.09); this includes standing at the backstop during practice as informal catcher for batting practice
- Managers/Coaches should walk the field for obstacles, etc., and inspect equipment prior to all practices and games to ensure safe conditions and equipment.
- Managers/Coaches are Mandatory Reporters for suspected child abuse. Within 24 hours of being notified of possible child abuse, the manager/coach must call the Georgia Abuse

Hotline at **1-855-422-4453** to report the situation. Additional information can be found in the Child Abuse section listed below.

- Parents will observe all safety rules and are Mandatory Reporters
- Umpires will inspect equipment before all games and inspect field for obstacles before games
- PTCLL is responsible for filing injury claims on time and for communicating policies/procedures

Accident Reporting Procedures

What to Report - Any incident which causes any player, manager, coach, umpire, or volunteer to receive medical treatment and/or first aid must be reported to the Safety Officer, or an Incident Report can be submitted through CoachSafely at coachsafely.injuryfree.app/#incident.report

When to Report - All such incidents described above must be reported to either of the League Safety Officers, or the President of the League within 48 hours of the incident. Contact information is located on page #1 of this manual.

How to Make a Report - Incident reports can be done verbally (in person or via telephone), written or email. An Accident Report Form is available online at PTCLL.com or <https://www.littleleague.org/forms-publications/> and must be completed by the parent and League Safety Officer.

For all incident reports, the following information must be provided (other information may be requested or required):

- The name and telephone number of the individual involved as well as the name and telephone number of parents or guardians if the injured is a minor
- The date, time, and location of the incident A detailed description of the incident
- The preliminary estimate of the extent of any injuries
- The name and phone number of the person reporting the incident

Safety Officer Responsibilities

Within 48 hours of receiving the accident report, the League Safety Officer will contact the injured individual or the individual's parents and:

- Verify the information received
- Obtain any other information deemed necessary; Check on the status of the injured party
- In the event that the injured party required other medical treatment (i.e., Emergency Room visit, doctor’s visit, etc.) will advise the parent or guardian of the PTCLL’s insurance coverage and the provisions for submitting any claims

If the injuries are more than minor in nature, the League Safety Officer shall periodically call the injured party to:

- Check on the status of any injuries
- Check if any other assistance is necessary in areas, such as submission of insurance forms, until such time as the incident is considered “closed” (i.e., no further claims are expected and/or the individual is participating in the league again)

*The PTCLL Safety Officer will track “near-misses” as a proactive tool to evaluate practices and avoid future injuries. Corrective action measures will be recommended to Little League International through the League President to avoid future issues.

Any player sustaining an injury during participation in practice/games that requires a doctor’s evaluation requires a written release note from a physician prior to returning to practice/games.

Insurance Policies

Little League accident insurance covers only those activities approved or sanctioned by Little League Baseball, Incorporated.

All PTCLL divisions and/or participants shall not participate as a PTCLL team in games with other teams of other programs or in tournaments except those authorized by Little League Baseball, Incorporated.

Unless expressly authorized by the Board of Directors of PTCLL, games with other teams of other programs or in tournaments except those authorized by Little League Baseball played for any purpose other than to establish a League champion or as part of the International Tournament are prohibited. (See IX – Special Games, pg. 50 in the Rule Book for further clarification).

Once an accident claim form is filed, Little League will correspond only with the family, The PTCLL is not involved at all due to HIPPA laws.

Explanation of Coverage

Little League’s Insurance Policy is designed to supplement a parent’s existing family policy.

The Little League's insurance policy is designed to afford protection to all participants at the most economical covered injury treatment costs up to the maximum stated benefits.

This plan makes it possible to offer exceptional, low-cost protection with assurance to parents that adequate coverage is always in force during the season. It can be used to supplement other insurance carried under a family policy or insurance provided by a parent's employer. If there is no other coverage, Little League insurance – which is purchased by the PTCLL, not the parent – takes over and provides benefits, after a \$50 deductible per claim, for all other related medical expenses caused by the injury.

Note: Insurance coverage is managed by Little League's Insurance Department, not PTCLL. PTCLL does not have access to claims filed, and thus cannot view, report, dispute, etc. any of the claim information.

How the Insurance Works

1. First have the child's parents file a claim under their insurance policy
2. Should the family's insurance plan not fully cover the injury treatment, the Little League Policy will help pay the difference, after a \$50 deductible per claim, up to the maximum stated benefits
3. If the child is not covered by any family insurance, the Little League Policy becomes primary and will provide benefits for all covered injury treatment costs, after a \$50 deductible per claim, up to the maximum benefits
4. Treatment of dental injuries can extend beyond the normal 52-week period if dental work must be delayed due to physiological changes of a growing child. Benefits will be paid at the time treatment is given, even though it may be some years later. Maximum dollar benefit is \$500 for eligible dental treatment after the normal 52-week period, subject to the \$50 deductible per claim.

Filing a Claim

Notification of a claim for an eligible member under the league's Accident Insurance should be filed with Little League International **within 20 days** of the incident. Once we receive the complete claim form, the claimant will be assigned a claim number for any information that is submitted for the accident. The claim form should be submitted as soon as possible so we can begin a record of the accident and then the claimant can submit all itemized bills (includes procedure and diagnosis codes) from the medical providers as well as any primary insurance explanation of benefits (if applicable) for any treatments for the accident.

On dental claims, it is necessary to submit charges to the major medical and dental insurance company of the claimant, or parent(s)/guardian(s), if claimant is a minor. "Accident-related treatment to whole, sound, natural teeth as a direct and independent result of an accident" must be stated on the form and bills. Please forward a copy of the insurance company's

response (an Explanation of Benefits (EOB) Statement) to Little League International. Include the claimant's name, league ID, and year of the injury on the form.

Accident claim Form:

<https://www.littleleague.org/university/articles/how-to-submit-an-accident-insurance-claim/>

Claims must be filed with the PTCLL Safety Officer

Claims are forwarded to:

Little League® International
539 US Route 15 Hwy, PO Box 3485
Williamsport PA 17701-0485
Phone: 570-327-1674

**Contact the PTCLL Safety Officer for more information*

Emergency Procedures

Call 9-1-1 for any of these situations:

- Is or becomes unconscious
- Has trouble breathing
- Has chest pain or pressure
- Is bleeding severely
- Has pressure or pain in the abdomen that does not go away
- Is vomiting or passing blood
- Has seizures, a severe headache, or slurred speech
- Appears to have been poisoned
- Has injuries to the head, neck, or back
- Has possible broken bones

If the injured person is unconscious, call 9-1-1 immediately. Sometimes a conscious victim will tell you not to call an ambulance, and you may not be sure what to do. If the victim has any symptoms listed above call 9-1-1 regardless of what the victim states.

If you have any doubt at all, call 9-1-1

Also Call 9-1-1 For Any of These Situations:

- Fire or explosion
- Downed electrical wires
- Swiftly moving or rapidly rising water

- Presence of poisonous gas
- Vehicle collisions
- Vehicle/bicycle collisions
- Victims who cannot be moved easily

The Peachtree City Athletic Complex (PAC) have red metal signs with letters and numbers mounted on the light poles. In the event 9-1-1 is called, the caller should tell the operator the location and give the letter and number (s) on the sign so that rescue can more readily locate the caller.

Emergency First Aid & CPR

Lay Responders should never attempt to provide help beyond the level of the training they have received. The 9-1-1 operator will provide specific instructions and talk you through the victim assessment process up to an including performance of CPR by trained and untrained lay responders.

AED Location

AED's (automatic external defibrillator) are located at each field

PAC – Mounted on the wall in protective unlocked boxes above the drinking fountains between the restrooms at each pinwheel

Checking the Victim - Conscious Victims

If the victim is conscious, ask what happened. Look for other life-threatening conditions and conditions that need care or might become life threatening. The victim may be able to tell you what happened and how he or she feels. This information will be requested by the 9-1-1 operator.

Checking the Victim - Unconscious Victims

Call 9-1-1. Follow all instructions of the 9-1-1 operator.

Choking

Partial Obstruction with Good Air Exchange

Symptoms may include forceful cough with wheezing sounds between coughs

Treatment

Encourage victim to cough as long as good air exchange continues. DO NOT interfere with attempts to expel object.

Partial or Complete Airway Obstruction in Conscious Victim

Symptoms may include: weak cough; high-pitched crowing noises during inhalation; inability to breathe, cough or speak; gesture of clutching neck between thumb and index finger; exaggerated breathing efforts; dusky or bluish skin color

Treatment

Immediately designate a person to dial 9-1-1 – The Heimlich Maneuver:

1. Stand behind the victim
2. Reach around victim with both arms under the victim's arms
3. Place thumb side of fist against middle of abdomen just above the navel.
4. Grasp fist with other hand
5. Give quick, upward thrusts
6. Repeat until object is coughed up

Communicable Disease Procedures

While risk of one athlete infecting another with HIV/AIDS or the Hepatitis B or C virus during competition is close to non-existent, there is a remote risk that other blood borne infectious diseases can be transmitted. Procedures for guarding against transmission of infectious agents should include, but not be limited to the following:

- A bleeding player should be removed from competition immediately
- In the event of wounds, bleeding must be stopped, the open wound covered, and the uniform changed if there is blood on it before the athlete may continue playing
- Routinely use gloves to prevent mucous membrane exposure when contact with blood or other body fluids are anticipated (available at concession stand and in first aid kit)
- Immediately wash hands and other skin surface using antibacterial soap if contaminated with blood. Clean all blood contaminated surfaces with a 1:1 solution of Clorox Bleach. A 1:1 solution can be made by using a cap full of Clorox (2.5 cc) and 8 ounces of water (250 cc).
- Managers, coaches, and volunteers with open wounds should refrain from all direct contact with others until the condition is resolved

Child Abuse

Volunteers are the greatest resource Little League has in aiding children's development in leaders of tomorrow. Some potential volunteers may be attracted to Little League to be near children for abusive reasons. PTCLL will not tolerate child abuse, in any form.

Like all safety issues, prevention is the key. PTCLL has a three-step plan for selecting caring, competent and safe volunteers.

1. Application: To include residence information, employment history and three personal references from non-relatives. All potential volunteers must fill out the application that clearly asks for information about prior criminal convictions. The form also points out that all positions are conditional based on the information received following a background check.
2. Interview and Reference Checks: Make all applicants aware of the policy that no known child-sex offender will be given access to children in the Little League Program, make sure the information given by the applicant is corroborated by references
3. Training and Reporting: PTCLL encourages all volunteers to complete and review SafeSport Resources

Reporting

In the unfortunate case that child sexual abuse is suspected, you should immediately contact the PTC Police Department and report the incident. Inform the League President as quickly as possible thereafter.

Reporting of Sexual Abuse involving a minor to the proper authorities:

1. All volunteers are now mandated reporters and could face criminal charges if the league chooses to ignore, or not report to the proper authorities, any witnessed act of child abuse, including sexual abuse, within 24 hours
2. PTCLL is aware of the proper procedures to report sexual abuse in their state
<https://www.littleleague.org/player-safety/child-protection-program/state-specific-information-child-abuse/>
3. PTCLL adopts a policy that prohibits retaliation on “good faith” reports of child abuse
<https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/>
4. PTCLL adopts a policy that limits one-one-one contact with minors
5. PTCLL highly encourages volunteers to complete Abuse Awareness training provided by USA Baseball and SafeSport
<https://www.littleleague.org/player-safety/child-protection-program/safesport-resources-parents/>

Georgia Specific Reporting Guidelines

1. Under Georgia law, certain individuals and professionals (including doctors, physician assistants and other health care professionals and employees, mental health professionals, school teachers and administrators, counselors, child welfare employees, clergy and law enforcement personnel) who know of or have reasonable cause to believe a child is being abused are required to report such abuse or suspected abuse by telephone immediately, but in no case later than 24 hours, and followed by written

report if required, to the Department of Human Services Division of Family and Children Services or where no such department exists, to an appropriate police authority or district attorney. When a person identified above has reasonable cause to believe that child abuse has occurred involving a person who attends to a child pursuant to such person's duties as an employee or volunteer at a hospital, school, social agency, or similar facility, the person who received such information shall notify the person in charge of such hospital, school, etc. and the person so notified shall report or cause a report to be made in accordance with the Code section. Any other person or professional not specifically listed may report any known abuse or reasonably suspected abuse to the Department of Human Services or where no such department exists, to an appropriate police authority or district attorney.

2. Abuse is defined as physical injury or death caused by neglect, exploitation, sexual abuse or sexual exploitation of the child. Sexual abuse includes consensual sex acts between minors if any individual is less than 14 years of age. It does not include consensual sex acts when the sex acts are between a minor and an adult who is not more than four years older than the minor.
3. The mandatory reporting statute is found in Title 19 (Domestic Relations), Chapter 7 (Parent and Child Relationship Generally), Article 1 (General Provisions), Section 19-7-5. To access the entire Georgia Code on Child Abuse, follow:
<https://law.justia.com/codes/georgia/2010/title-19/chapter-7/article-1/19-7-5/>
4. Links to the specific sections summarized above, including definitions, in an unofficial[1] version of the Code online, are available as follows:
<http://law.justia.com/codes/georgia/2010/title-19/chapter-7/article-1/19-7-5/>
5. The Georgia Department of Human Services Division of Family and Children Services website has information on reporting child abuse in Georgia:
<http://dfcs.dhs.georgia.gov/portal/site/DHS-DFCS/menuitem.5d32235bb09bde9a50c8798dd03036a0/?vgnnextoid=213a2b48d9a4ff0VgnVCM100000bf01010aRCRD>
6. County listing of contact information for local Department of Human Services Division of Family & Children Services:
<https://dfcs.georgia.gov/child-abuse-neglect?vgnnextoid=213a2b48d9a4ff00VgnVCM100000bf01010aRCRD>

Georgia Abuse Hotline: 1-855-422-4453

Investigation

PTCLL will appoint an individual with significant professional background to receive and act on abuse allegations. These individuals will act in a confidential manner, and serve as the League's liaison with the local law enforcement community. Little League volunteers will not attempt to investigate suspected abuse on their own.

Suspending/Termination

When an allegation of abuse is made against a Little League volunteer, it is our duty to protect the children from any possible further abuse by keeping the alleged abuser away from children in the program. If the allegations are substantiated, the next step is that the individual will not have any further contact with the children in the League.

The Buddy System

Encourage players to move about in a group of two or more children of similar age, whether an adult is present or not. This includes travel, leaving the field, or using the restroom areas. It is far more difficult to victimize a child if they are not alone.

Shower and Toilet Facilities

Generally speaking, Little Leaguers are capable of using toilet facilities on their own, so there should be no need for an adult to accompany a child into restroom areas. There can sometimes be special circumstances under which a child requires assistance to toilet facilities, for instance with the Tee Ball and Challenger divisions, but there should still be adequate privacy for that child. Again, we can utilize the “buddy system” here.

Weather

Rain

If it begins to rain

1. Evaluate the strength of the rain. Is it a light drizzle or is it pouring?
2. Determine the direction the storm is moving
3. Evaluate the playing field as it becomes more and more saturated
4. Stop practice if the playing conditions become unsafe – use common sense. If playing a game, consult with the other manager and the umpire to formulate a decision.

Lightning

The ultimate truth about lightning is that it is unpredictable and cannot be prevented. Therefore, a manager, coach, or umpire who feels threatened by an approaching storm should stop play and get the players to safety - regardless of whether or not the “flash-bang” proximity measure applies.

*Lightning Detection System Installed (NEW 2024)

- Detects Lightning within 40 mile radius.
- Alarm sounds when detected (1/2 mile range)(Play suspended for 30 minutes).

-Flashing Lights.

*The city provides an electronic weather detector to alert for approaching storms

If you can HEAR, SEE or FEEL a THUNDERSTORM

If you hear thunder or see lightning, you are to suspend activities immediately and move ALL individuals to a safe place. The ONLY SAFE PLACE as defined by NOAA is a metal, hard top vehicle with the windows up. Please make sure all kids on your team are in a safe place before you find a safe place for yourself. When you first meet with your team, please explain this rule to all parents. Ask for their assistance in helping each child to safety and explain it may become necessary to let kids whose parents are not at the field sit in their vehicles until their parents arrive, or it is safe to resume activities.

DO NOT RESUME ACTIVITIES UNTIL 30 MINUTES HAVE PASSED SINCE THE LAST THUNDER WAS HEARD OR LIGHTNING WAS SEEN. THE CLOCK RESETS EVERY TIME YOU HEAR THUNDER OR SEE LIGHTNING.

There are NO exceptions to this rule!

1. Suspend all games and practices immediately
2. Stay away from metal including fencing, dugouts with metal benches and bleachers
3. Do not hold metal bats
4. Get players to walk, not run to their parent's or designated driver's cars and wait for your decision on whether or not to continue the game or practice

Where to Go

No place is absolutely safe from the lightning threat, but some places are safer than others. For the majority of participants, the best area for them to seek shelter is in a fully enclosed metal vehicle with the windows rolled up. Large enclosed shelters (substantially constructed buildings) are the next safest structures (like our snack bars and equipment closets). If you are stranded in an open area and cannot get to shelter in a car, put your feet together, crouch down, and put your hands over your ears (to try and prevent eardrum damage).

Where NOT to Go

Avoid high places and open fields, isolated trees, unprotected gazebos, rain or picnic shelters, dugouts, flagpoles, light poles, bleachers (metal or wood), metal fences, and water















Hot Weather

Peachtree City Little League uses the Fayette County Board of Education guidelines for outdoor practices and games. This guideline uses the heat index measured at the nearest weather station to where games or practices are to be held.

LEVEL	HEAT INDEX TEMPERATURES	AFFECTS ON BODY	PRACTICE HOURS	BREAKS	FLUIDS
<i>Caution</i>	80° - 89° F		Use Caution	Remove Helmet 5 Minute Break Every 20 Minutes	Cold Water
<i>Extreme Caution</i>	90° - 104° F	Cramps or heat exhaustion possible	Use Extreme Caution	Remove Helmet 5 Minute Break Every 15 Minutes	Cold Water
<i>Danger</i>	105° - 129° F	Cramps or heat exhaustion likely, heat stroke possible	Helmets Only Practice Time Should be Shortened With Low Intensity	Remove Helmets 5 Minute Break Every 10 Minutes	Cold Water
<i>Extreme Danger</i>	130° F and Above	Heat stroke highly likely	NO PRACTICE	NO PRACTICE	Cold Water

Wet Bulb Globe Temperature (WBGT) is a measure of the heat stress in direct sunlight, which takes into account: temperature, humidity, wind speed, sun angle and cloud cover (solar radiation). This differs from the heat index, which takes into consideration temperature and humidity and is calculated for shady areas.

Comparison with Heat Index

	WBGT	Heat Index
Measured in the sun		
Measured in the shade		
Uses Temperature		
Uses RH		
Uses Wind		
Uses Cloud Cover		
Uses Sun Angle		

		Wet Bulb Globe Temperature (WBGT) from Temperature and Relative Humidity																																		
		Temperature in Degrees Fahrenheit																																		
Relative Humidity (%)	0	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0				
	5	60.8	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0
	10	60.8	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0
	15	62.6	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0	
	20	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0		
	25	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0		
	30	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0		
	35	64.4	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0		
	40	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0			
	45	66.2	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0			
	50	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0				
	55	68.0	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0				
60	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0						
65	69.8	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0						
70	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0							
75	71.6	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0							
80	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0								
85	73.4	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0								
90	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0									
95	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0									
100	75.2	77.0	78.8	80.6	82.4	84.2	86.0	87.8	89.6	91.4	93.2	95.0	96.8	98.6	100.4	102.2	104.0	105.8	107.6	109.4	111.2	113.0	114.8	116.6	118.4	120.2	122.0									

NOTE: This table is compiled from an approximate formula which only depends on temperature and humidity. The formula is valid for full sunshine and a light wind. Table adapted from Bureau of Meteorology

WBGT READING	ACTIVITY GUIDELINES & REST BREAK GUIDELINES
UNDER 82.0	Normal activities – Provide at least three separate rest breaks each hour of minimum duration of 3 minutes each during workout.
82.0 – 86.9	Use discretion for intense or prolonged exercise; watch at-risk players carefully; Provide at least three separate rest breaks each hour of a minimum of 4 minutes duration each.
87.0 – 89.9	Maximum practice time is 2 hours. <u>For Football</u> : players restricted to helmet, shoulder pads, and shorts during practice. All protective equipment must be removed for conditioning activities. If the WBGT rises to this level during practice, players may continue to work out wearing football pants without changing to shorts. <u>For All Sports</u> : provide at least four separate rest breaks each hour of a minimum of 4 minutes each.
90.0 – 92.0	Maximum length of practice is 1 hour. <u>For Football</u> : no protective equipment may be worn during practice, and there may be no conditioning activities. <u>For All Sports</u> : there must be 20 minutes of rest breaks distributed throughout the hour of practice.
OVER 92.0	NO OUTDOOR WORKOUTS. Delay practice until a cooler WBGT level is reached.

GUIDELINES FOR HYDRATION AND REST BREAKS:

1. Rest breaks may not be combined with any other type of activity and players must be given unlimited access to hydration.
2. These breaks must be held in a “cool zone” where players are out of direct sunlight.
3. When the WBGT reading is over 86, ice towels and spray bottles filled with ice water should be available at the “cool zone” to aid the cooling process AND cold immersion tubs must be available for the benefit of any player showing early signs of heat illness.
4. In the event of a serious EHI, the principal of “Cool First, Transport Second” should be utilized and implemented by the first medical provider onsite until cooling is completed (core temperature of 103 or less).
5. For football, helmets should be removed during rest time.

Suspend all games and practices immediately if the heat index is above 130°F. If the field schedule allows, reschedule the games for later in the evening when the sun begins to set.

Regardless of heat index, precautions must be taken in order to make sure the players on your team do not dehydrate or hyperventilate.

- Suggest players take drinks of water when coming on and going off the field between innings. Coaches should pay special attention to the catcher due to the gear being worn.
- If a player looks distressed while standing in the hot sun, substitute that player and get him/her into the shade of the dugout A.S.A.P.
- If a player should collapse as a result of heat exhaustion, call 9-1-1 immediately. Get the player to drink water and use ice bags and water to cool him/her down until the emergency medical team arrives.
- First Aid kits with ice packs are located in each equipment room

Cold Weather

The wind chill factor should be used to determine the severity of the cold temperatures NOT just the temperature alone.

Suspend all games and practices immediately if the wind chill factor is below 38°F. If the field schedule allows, reschedule the games for later in the morning/early afternoon when the sun is at full strength.

Regardless of wind chill factor, precautions must be taken in order to make sure the players on your team do not get injured or get hypothermia.

- Warm-up and properly stretch participants until immediately before the competition or practice.

- Hypothermia is a dangerous and severe level that can occur in cold temperatures.
- Add extra clothing and move to a warm environment immediately after exercising or practice. Drink warm fluids if possible. Hypothermia has occurred in air temperatures of 50° - 65° F.
- Early signs and symptoms of hypothermia include shivering, euphoria, confusion, and behavior similar to intoxication.
- Severe signs include lethargy, muscular weakness, disorientation, depression, hallucinations, and even combative behavior.

Evacuation Plan

Severe storms, lightning, tornadoes and fire are all possible in Georgia. For this reason, PTCLL must have an evacuation plan.

1. In the event of any of the above events (or if there is a risk of one of these events) all players will return to the dugout or covered shelter and wait for their parents to come and get them.
2. If a player's parent is not attending the game, the Manager will take responsibility for evacuating that child.
3. Once parents have obtained their children, they will proceed to their cars in a calm and orderly manner
4. Drivers will then proceed slowly and cautiously out of the facility, observing the 10 MPH speed limit
5. Once outside the facility, drivers will observe the posted speed limits on all roads



Concession Stand Safety

Rules for concession stand operation, daily checklists, and corrective actions forms are contained in the Safety Manual Concessions Addendum.

The concession addendum is available for review within all concession stands. Please immediately report any potential safety problems related to the operation of the concessions to the League Safety Officer or the League President.

Storage Area Procedures

The following applies to all of the storage areas used by PTCLL and apply to anyone who has been issued a key or combination code by PTCLL to use those areas

- All individuals with keys or combination codes to the PTCLL equipment sheds (i.e., Managers, Umpires, etc.) are aware of their responsibilities for the orderly and safe storage of rakes, shovels, bases, and any other equipment.
- A record shall be kept of all individuals possessing keys and combination codes.
- Keys will be returned to the League President immediately once someone ceases to have responsibilities for equipment sheds.
- All storage areas should always be kept locked.
- Keep products in their original container with the labels in place. Use poison symbols to identify dangerous substances.
- Dispose of outdated products as recommended. Use chemicals only in well-ventilated areas.
- Wear proper protective clothing, such as gloves or a mask when handling toxic substances. All chemicals or organic materials stored in PTCLL sheds shall be properly marked and labeled as to its contents.
- All chemicals or organic materials (i.e., lime, fertilizer, etc.) stored within these equipment sheds will be separated from the areas used to store machinery and gardening equipment (i.e., rakes, shovels, etc.) to minimize the risk of puncturing storage containers
- Any witnessed “loose” chemicals or organic materials within these sheds should be cleaned up and disposed of as soon as possible to prevent accidental poisoning.

Shut-off Valve Information

Water - The main water shut off valve is in the ground in a valve box just to the right of the south entrance, the one nearest to the Field of Hope

Gas - There is no gas in the park

Electrical – The main breakers in the panels (those in each building) need to be placed in the off position individually

Active Shooter Scenario Actions

In case of an active shooter at the fields, the Dept of Homeland Security Options-Based approaches should be implemented in the following order:

- **RUN:** If there is an accessible path away from the gunfire, leave belongings behind and evacuate. Do so even if others do not follow. Attempt to follow a path that offers camouflage, an obstructed view or shielding (e.g. walls, trees, fence lines). Avoid running through open fields (especially in groups). If possible, run with your head low in

a zig-zag pattern. Call 911 when it is safe to do so. If police are present, run with your hands up.

- **HIDE:** Shelter out of the active shooter's view in any area that offers protection from gunfire. Stay low. Pick a spot that will not trap you or restrict your movement. Silence your cell phone and remain as quiet as possible. Dial 911, if possible, to alert police to the active shooter's location. If you cannot speak, leave the line open and allow the dispatcher to listen.
- **FIGHT:** As a last resort, take action. Disrupt or incapacitate. Act aggressively. Throw items (balls) or use improvised weapons (bats). Yell, scream, poke, scratch, bite. Commit to your actions (it's your life or theirs). Spread out and attack from different angles.

If you see something, say something. Many recent shooting events were perpetrated by current or former members of the organization/school who spoke openly of their intentions. If someone makes a threat of violence, brings a weapon to a game or practice or makes any claim to harm other either in person or through social media, alert the authorities.

With any emergency, please contact any Board Member to report. Individual team members should make the Manager/Coach aware of their status. This will help expedite communication.

Concussion Information



Parent/Athlete Concussion Information Sheet

A concussion is a type of traumatic brain injury that changes the way the brain normally works. A concussion is caused by bump, blow, or jolt to the head or body that causes the head and brain to move rapidly back and forth. Even a “ding,” “getting your bell rung,” or what seems to be a mild bump or blow to the head can be serious.

WHAT ARE THE SIGNS AND SYMPTOMS OF CONCUSSION?

Signs and symptoms of concussion can show up right after the injury or may not appear or be noticed until days or weeks after the injury.

If an athlete reports **one or more** symptoms of concussion listed below after a bump, blow, or jolt to

Did You Know?

- Most concussions occur *without loss* of consciousness.
- Athletes who have, at any point in their lives, had a concussion have an increased risk for another concussion.
- Young children and teens are more likely to get a concussion and take longer to recover than adults.

the head or body, s/he should be kept out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it’s OK to return to play.

SIGNS OBSERVED BY COACHING STAFF	SYMPTOMS REPORTED BY ATHLETES
Appears dazed or stunned	Headache or “pressure” in head
Is confused about assignment or position	Nausea or vomiting
Forgets an instruction	Balance problems or dizziness
Is unsure of game, score, or opponent	Double or blurry vision
Moves clumsily	Sensitivity to light
Answers questions slowly	Sensitivity to noise
Loses consciousness (<i>even briefly</i>)	Feeling sluggish, hazy, foggy, or groggy
Shows mood, behavior, or personality changes	Concentration or memory problems
Can’t recall events <i>prior</i> to hit or fall	Confusion
Can’t recall events <i>after</i> hit or fall	Just not “feeling right” or “feeling down”

CONCUSSION DANGER SIGNS

In rare cases, a dangerous blood clot may form on the brain in a person with a concussion and crowd the brain against the skull. An athlete should receive immediate medical attention if after a bump, blow, or jolt to the head or body s/he exhibits any of the following danger signs:

- One pupil larger than the other
- Is drowsy or cannot be awakened
- A headache that not only does not diminish, but gets worse
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Slurred speech
- Convulsions or seizures
- Cannot recognize people or places
- Becomes increasingly confused, restless, or agitated
- Has unusual behavior
- Loses consciousness (*even a brief loss of consciousness should be taken seriously*)

WHY SHOULD AN ATHLETE REPORT THEIR SYMPTOMS?

If an athlete has a concussion, his/her brain needs time to heal. While an athlete's brain is still healing, s/he is much more likely to have another concussion. Repeat concussions can increase the time it takes to recover. In rare cases, repeat concussions in young athletes can result in brain swelling or permanent damage to their brain. *They can even be fatal.*

It's better to miss one game than the whole season. For more information on concussions, visit: www.cdc.gov/Concussion.

Remember

Concussions affect people differently. While most athletes with a concussion recover quickly and fully, some will have symptoms that last for days, or even weeks. A more serious concussion can last for months or longer.

WHAT SHOULD YOU DO IF YOU THINK YOUR ATHLETE HAS A CONCUSSION?

If you suspect that an athlete has a concussion, remove the athlete from play and seek medical attention. Do not try to judge the severity of the injury yourself. Keep the athlete out of play the day of the injury and until a health care professional, experienced in evaluating for concussion, says s/he is symptom-free and it's OK to return to play.

Rest is key to helping an athlete recover from a concussion. Exercising or activities that involve a lot of concentration, such as studying, working on the computer, or playing video games, may cause concussion symptoms to reappear or get worse. After a concussion, returning to sports and school is a gradual process that should be carefully managed and monitored by a health care professional.

Student-Athlete Name Printed

Student-Athlete Signature

Date

Parent or Legal Guardian Printed

Parent or Legal Guardian Signature

Date

Summary

Remember the safety of the players is the responsibility of all board members, coaches, volunteers and parents.

Thank you again for your volunteer service to the children of our League and the Peachtree City Community. Please direct any questions regarding player safety to the Peachtree City Little League Board of Directors and/or the Safety Officer.